



Do you have younger siblings or children you want to teach and mentor from home?  
Follow these easy steps to get started!

### Six Steps to Getting Started at Home:

1. **Print** or **use** the PowerPoint presentations and slide notes on your computer for the age group of your sibling(s) in the language of your choice.

Need help accessing and printing our lessons?

- Check out this video tutorial: <https://youtu.be/k8xp5BZkKLO>

2. **Read through** the PowerPoint slides *and* the slide notes prior to teaching. This will make teaching a lot easier, as you will be familiar with the content. The notes have prompts to help you teach effectively and keep students engaged.

Check out this free webinar with tips for teaching our COVID-19 lesson (you will need to provide your email address to access the video):

<https://transcripts.gotomeeting.com/#/s/d4aee22c22291926256fcc8cc087574883ecfad00d361eb85ec8cf523100b436>

3. **Schedule.** Try to dedicate one full hour to teaching the age-appropriate lesson. Each lesson is designed to last one hour but it can be longer if the students ask many questions or go on tangents (which can lead you to even more One Health discussions).



**TIP:** For the very young students (6-year-olds or younger), try teaching for 30 minutes then take a 5-minute break then finish the rest of the lesson!

4. Encourage siblings/students to **ask questions**. This helps to make sure they understand the lessons. Remember, no question is a bad question!
5. **Keep the conversation going.** Spread your new knowledge to the rest of your community, family and friends.
6. **Complete the (optional) survey** after you teach the lesson:  
<https://www.surveymonkey.com/r/2RH67KT>